



A WORD FROM OUR CHAIRMAN

June is another busy month; we are all looking forward to the Annual Meeting in Liverpool, the first time to meet with fellow members from all around the country for 3 years. By now your Resolution meetings are complete and results of voting in the office ready for the delegates. Following the meeting your delegate will be in touch with you to arrange to report, in person or in writing, about the event.



Of course, this month the country is celebrating the Queen's Platinum Jubilee and the Federation would like to offer Her Majesty its congratulations on such a magnificent achievement. Many WIs are holding themed meetings to mark the occasion, and we are looking forward to receiving the photos of garden parties and displays for inclusion in East Kent News and also to see them as part of the scrapbook page competition later in the year.

Our committees – Food, Garden and Creative Arts, Performing Arts, Leisure and Sport and Public Affairs are busy planning events and talks for members and hope you will be able to book tickets and enjoy them. Remember, we want to arrange things that members are interested in and would like to take part in so please, do let us know the things that interest you.

We hope that you are enjoying the East Kent News and the fact that it now arrives at the beginning of the month. This gives members the opportunity to book tickets directly especially if you wish to book with a group of friends, however this does not stop you from booking through your WI if you so wish.

Carol Evans, Federation Chairman

DATES FOR YOUR DIARY

11 th June 2022	NFWI Annual Meeting in Liverpool
14 th July 2022	Quiz Walk
27 th July 2022	Paddle Boarding Taster Session
29 th July 2022	Closing date for Summer Competition
12 th September 2022	Walk and Talk at Samphire Hoe
16 th September 2022	Closing date for Diary orders
21 st September 2022	Top Team Quiz
7 th November 2022	Craft Day at Chartham (further details to follow)
15 th November 2022	Without Reserve – Zoom Event

Applications for tickets can either be made individually or via your WI secretary. Please ensure that all booking forms include the names of all attending members.

THOUGHTS FROM THE TREASURER

A reminder to WI committees and treasurers in particular that by now your members should have paid their subscription fees.

Treasurers and MCS reps should check that the MCS is updated to ensure that only those who have paid are listed as 'active' paid members, and that they are correctly listed as full or dual members.



When this has been done please can you pay the affiliation fees as soon as possible. Hopefully this will mean less work for our staff as the amount received should correspond with the number of members on the MCS.

Please keep the MCS updated when new members join. Don't forget to pass on new members email addresses to the office before the end of each month to ensure they receive their copy of East Kent News. Treasurers can you please send additional affiliation fees to the office at least quarterly.

I have recently read in the national press that Barclay's Bank is offering community accounts to established groups such as WIs. I have checked their website for information but to date we haven't had a WI try to move their account to Barclay's. If you do change banks please share your experience with us.

Last month I asked if anyone was interested in joining the finance committee and I am pleased to say that a couple of people have shown interest. For the moment we will be looking at ways to streamline payments, event bookings and fundraising. If you have had experience of organising a successful fundraising event, maybe for another organisation, perhaps you can share these with us.

Like Carol I am looking forward to the NFWI Annual Meeting in Liverpool. I am going as Federation treasurer and as the delegate for four WIs. I really enjoy meeting up with WI members from around the country and nothing beats the sound of thousands of women singing Jerusalem.

Elizabeth Lansman, Federation Treasurer

WINNERS OF THE MAY 200+ CLUB DRAW

1 st	No 41	£26.25	Wendy Pitts of Upchurch WI
2 nd	No 37	£15.75	Maureen Drury of SWAN WI
3 rd	No 33	£10.50	Sheila Woolliscroft of Wingham WI

If you are interested in joining the 200+ club please contact Alison Baker at the Federation Office on assistant.secretary@eastkentfedwi.org.uk

Calling all MEMBERS who like QUIZZES and WALKS

Quiz Walk Around Canterbury.

**Meet in the Beaney House of Art & Knowledge, Best Lane entrance,
18, High Street, Canterbury CT1 2RA at 1.30 pm**

Walk about a mile finishing with a tea/coffee and cake in St Peter's Church Hall

Thursday 14th July at 1.30pm

In teams up to 4 only Cost: £8.00 per person

Complete the form below and send to the Federation Office with payment

Performing Arts, Leisure and Sport Sub-Committee

Contact: Mary Telford metelford@gmail.com or text to 07400188159

.....
Name.....W.I.....

Email Address :..... Contact Tel No:

Stamped and self-addressed envelope & cheque (**written in black ink**) enclosed for

£..... (£8 per person).

Please write additional names overleaf

WALK AT SAMPHIRE HOE ON 17th MAY 2022

40 members gathered on what was a glorious sunny day at the educational hut (built in 2015 from national Lottery funding) at the venue where Paul Holt gave an interesting and amusing talk about how the site came about and the nature to be found within the 30-hectare site at the foot of the famous Shakespeare Cliff, between Dover and Folkestone. There were originally around 60 sites proposed for the disposal of the Channel Tunnel spoil, it was decided that the option with the least adverse environmental impact was to reclaim land from the sea at the base of Shakespeare Cliff. There was already access to the site from the Dover to Folkestone railway line and through a tunnel in the cliff left from the 1970s tunnel attempt.

Paul touched on some interesting history including the railway line completed in 1888 at the base of the cliff. He told us that the first coal mine in Kent was located where Samphire Hoe is today. It was called Shakespeare Colliery and began with the sinking of the first pit in 1896. Due to problems of flooding and explosions in the pit, the mine was never profitable. By 1909 when it closed only 120 tonnes of coal had been dug. There is a small exhibition of the history of the reserve in a room adjacent to the lecture room which is open all year round.

Paul also talked about the flora, fauna and wildlife that could be found on the site and the development of different species now found – for example did you know that there are 13 species of dragonflies and damselflies in this small reserve!

Members then had a leisurely walk around the reserve. The paths here are very good and members in wheelchairs were able to enjoy the day as well. There was a fun competition for phone photographs taken whilst out walking, for which there were many entries - the PALS subcommittee enjoyed looking at these and their winners are:



Class One: Flower and Fauna
Sally Bowman, Whitfield Evening WI



Class Two: Animal or Birds
Gill Bromley, Smarden WI



Class Three: Seascape
Daphne Gazeley, Castle Green WI



Class Four: Anything Goes!
Ailien Meyer, Graveney & District WI

After the walk, members gathered for an informal picnic as it was such a glorious day. Six dogs joined members on the walk and the competition for best decorated collar was won by Julie Caldwell from St Martins WI with a beautifully crafted collar depicting the cliff, sea and wildlife around the Samphire Hoe. The collar is seen here on her cocker spaniel called Pumpkin.



As this walk was well oversubscribed a second walk has been scheduled for Monday September 12th, still a few spaces left. PALS subcommittee are keen to organise another walk in a different part of Kent, so if you know of somewhere that is suitable for pushchairs and wheelchair users and has good parking please let us know!

Clare Boggia, Performing Arts, Leisure & Sport Committee Member



EAST KENT FEDERATION OF WOMEN'S INSTITUTES

Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ
Tel: 01227 464106 email: federation.secretary@eastkentfedwi.org.uk Charity No: 219375

With the winter approaching we invite you to attend a
Zoom Talk



WITHOUT RESERVE

Speaker: Janie Ramsay

The Antiques trade is quite unique with its own rules. This talk takes you behind the scenes of both retail and auction houses. The good, the bad and the really bad are brought into the light. Our speaker has worked in the trade for over 40 years, including as Director at Sothebys. There is some audience participation in this talk and promises to be lots of fun!

Tuesday 15TH November 2022 at 14:00

£5 PER PERSON

Please fill in the form below and send to the
East Kent Federation Office with your payments by **25th October 2022**

For further information please contact:

Performing Arts, Leisure and Sport Sub-Committee

Contact: Clare Boggia Telephone: 07912038891 Email: boughtongreys@gmail.com

.....
Name.....W.I.....

Please PRINT Email address:

Contact Tel No:

FOOD, GARDENING & CREATIVE ARTS COMMITTEE

VISIT TO FRANCISCAN GARDENS AND EASTBRIDGE HOSPITAL CANTERBURY



St Francis of Assisi sent Friars to care for the sick, poor and needy in Canterbury in the 12th century; visit this secret sanctuary in central Canterbury and enjoy a tour of these city gems.

Date:...**Wednesday 20th July** Times 11 am.....or 1.30pm.....

Date... **Monday 25th July**.....Times 11 am.....or 1.30 pm.....

Date....**Saturday 30th July**.....Times 11 am.....or...1.30 pm.....

There are limited places available on each of these tours so please book early.

Please complete the form below and send with your cheque for £10 payable to EKFWI (please use black ink) together with a stamped addressed envelope to:
East Kent Federation of WIs, Crown House, John Roberts Business Park Pean Hill, Whitstable CT5 3BJ

VISIT TO FRANCISCAN GARDENS & EASTBRIDGE HOSPITAL CANTERBURY

Name: WI:

Contact number:.....

Email:.....

PLEASE GIVE 3 CHOICES OF DATE AND TIME FOR YOUR VISIT BELOW:

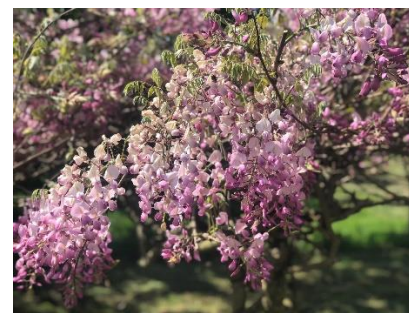
Date:...**Wednesday 20th July** Times 11 am.....or 1.30pm.....

Date... **Monday 25th July**.....Times 11 am.....or 1.30 pm.....

Date....**Saturday 30th July**.....Times 11 am.....or...1.30 pm.....

Closing date Monday 4th July 2022

Below are a few photos from the Wisteria Walk events which were enjoyed by over 70 members!



GUILD & GROUP MEETINGS

ASHFORD CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the third Monday of the month at the Kennington WI Hall, 228 Faversham Road, Kennington TN24 9AN. The June meeting is either an outing or treasure hunt. Details were unconfirmed at time of going to print. Contact their secretary, Pat Owen-Smith on 01223 630134 for further details.

DEAL AND SANDWICH CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the third Monday at The Guildhall, Sandwich, Kent CT13 9AH. The speaker at their June meeting is Julia Ellison on Breadmaking. Contact their secretary, Mavis Johns 01304 360541 for further details.

DOVER CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the fourth Wednesday of the month at the Whitfield Village Hall, Sandwich Road, Whitfield, Dover CT16 3LY. The speaker at their June meeting is Margaret Ovenden with Gladys Aylward, The Chinese Missionary. Contact their secretary, Mary Gardner on 01304 820886 for further details.

SHEPPEY CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.15pm on the fourth Thursday of the month at the Bethel Church Hall, Chapel Street, Minster on Sea ME12 3QF. Their June meeting is a games afternoon. Contact their secretary, Val Chatten on 01795 874634 for further details.

ENVIRONMENT & NATURAL HISTORY GROUP - There is still space on our walk around Victory Wood which will be led by Claire, the site manager for the Woodland Trust, on 30th June, and our visit to the White Mill Heritage Centre at Sandwich on 13th July. Our recent visit to learn about the reintroduction of Choughs to Dover Castle was much enjoyed on a glorious day. For full details of all our events for this year, please contact : Janet Adamson 01303 893413 or email: janet.a.adamson@btinternet.com

AUDITIONS DAY

The first Auditions Day of 2022 was on Wednesday 18th May at Eastry village hall which is the first time this event has taken place there. 35 members from 12 WI's attended and all were impressed with the lovely hall.

The subjects were varied, ranging from our first speaker telling us about 'Supershoes-Empowering children with Cancer,' which was followed by an insight into 'The Wonder of Hearing and the Ear'.

Following on from an excellent cup of tea and a very nice cup of coffee (members comments) we were treated to a glimpse of a Beginners Guide to Mindfulness and Meditation and our final speaker talked about The Power of Yoga.

A very calming end to the mornings Auditions.

It is hoped that the next Auditions will be held in October, time and venue to be confirmed.

Gill Bull, Speaker Co-Ordinator

OFFICER & COMMITTEE MEMBER TRAINING



Training sessions will be arranged in the Autumn by the Membership and Advisory Committee for any WI Officer or Committee Members who feel they would benefit, whether they have been in the post for a few months, a few years or a considerable number of years!

These will take place around the Federation and the cost of attending a session is to be paid by the WI. (£10 per WI)

If you are interested please complete the form below and return to the Federation Office, either by post or email by Friday 15th July 2022.

Officer & Committee Member Training

WI:

Name:

Tel: **Email:**

KINGSDOWN & RINGWOULD WI

At the end of April nearly 30 members and friends took a coach trip Hole Park Gardens and tea room. The day started with a brief stop in the delightful village of Tenterden for coffee and shopping before making the short journey onto the estate.

Hole Park has been owned by the Barham family for the past four generations and is set in over 200 acres of superb classic parkland. They were delighted to be met on the coach by the current owner and his inquisitive black Labradors. The opportunity to stroll the grounds, which in April were a carpet of bluebells, followed by a home-made lunch was enjoyed by all.



COOKERY CORNER

Tomato, Burrata & Broad Bean Salad

Chop up tomatoes, toss with salt, top with creamy burrata and slather with a broad bean-flecked salsa verde to make this simple yet super-tasty salad

Serves 4

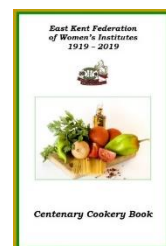
Ingredients

- 500g tomatoes (a mix of sizes and colours)
- 1/2 tsp caster sugar
- 150g broad beans, podded
- Handful basil
- Handful chives
- handful flat leaf parsley
- 1 tbsp tarragon
- 1 tbsp lovage [or celery leaves]
- 1 tbsp mint leaves
- 3 tbsp olive oil
- 2 tsp Dijon mustard
- pinch fennel seeds
- 1 lemon, zested
- 1 tbsp red wine vinegar
- 2 x 100g burrata or 2 x 125g balls mozzarella
- 50g hazelnuts, toasted and roughly chopped

Method

1. Chop the tomatoes into a mixture of slices and wedges, then put them in a bowl. Toss with 1/2 tsp salt and the sugar, then leave to marinate for 30 mins.
2. Meanwhile, bring a pan of water to the boil and add the broad beans. Boil for 2 mins, then drain and allow to cool for a couple of mins. Peel them out of their shells. This is a bit fiddly but well worth it.
3. Finely chop the herbs, then tip into a bowl and whisk in the olive oil, mustard, fennel seeds, most of the lemon zest, and red wine vinegar. Season, then stir in the broad beans.
4. Tip the tomatoes onto a serving platter. Top with the burrata, then spoon over the broad bean salsa. Scatter over the hazelnuts and remaining lemon zest to serve.

This recipe can be found in the East Kent Federation Centenary Cookery Book. To purchase a copy please send a cheque for £8.31 (£7.00 purchase price, £1.31 postage) payable to EKFWDI together with your name and address to the Federation Office.



FOOD HYGIENE CERTIFICATE

Now that WIs are meeting in person again and are arranging events which include food, it is important to remember that at least one member of the team must hold a current and up-to-date Level 2 Food Hygiene Certificate; this person must ensure that all team members have been briefed about food hygiene and basic guidelines.

It is now possible and acceptable to complete this course online and there are a number of providers whose courses are accepted by local authorities, meet UK regulations and are approved by RoSPA.

MILSTEAD with FRINSTED WI 100TH BIRTHDAY CELEBRATIONS

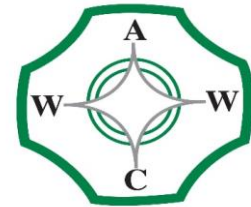
Recently Milstead with Frinsted WI held their first Centenary celebration at Lady Kingsdown's house at Torry Hill. They enjoyed a fabulous afternoon cream tea, provided by the committee. The weather was fabulous, the gardens were blooming and the ladies had a really lovely time.

In November, on their 100th they are having a celebration meal.



ASSOCIATED COUNTRY WOMEN OF THE WORLD

Pennies for Friendship



For more years than I care to remember we have been collecting Pennies for Friendship—I think they even tried to change the name at one point but no-one could think of anything better!!

In 2022 we sent off a cheque for £1913.73 for the Women Empowered Fund—Sustainable water, sanitation and energy. We would like to thank all the WIs for their contributions; donations such as these enable ACWW to continue their work in empowering women worldwide.

However, things change and ACWW is currently in a transition period and from June 2022 the WI `Pennies for Friendship Fund` will cease to exist and will be replaced by the `Rural Woman in Action Fund. ACWW has set a new plan of action and has a new logo and website.

We have been told that these changes will not change the way WIs and Federations can donate to support the vital work of ACWW.

To this end we ask that you bear with us until we are fully informed as to what happens next by `Rural Women in Action` and National.

Looking forward to continuing our Association with ACWW.

Sandy Brown & Sheila Spiers, ACWW Representatives

TOP TEAM QUIZ



WIs are invited to enter teams of up to six members per table to an afternoon quiz at the Westgate Hall, Westgate Hall Road, Canterbury CT1 2BT

Wednesday 21st September 2022, 1.15 for a 1.45 pm start - 4.45pm

**Tea/Coffee and biscuits at half time
£8 PER PERSON**

**Please fill in the entry form below and send to the
East Kent Federation Office with payment by 19th August 2022**

Top Team Quiz Entry Form

Name.....WI

Address.....

Email.....

Contact Tel No: No. of tickets for Team

Please send an SAE for return of tickets and a cheque (written in black ink)

for £..... (£8 per person)

ORLESTONE WI

Their clever member, Susan Owens, created this Platinum Jubilee celebration postbox topper in Hamstreet

Note from the editor – we would love to see photos of your WI celebrations!



THE COMPETITION CUP 2022/2023



SUMMER COMPETITION



The Summer Competition is being run by the Food, Gardening & Creative Arts Committee

Produce a painting of a wild flower meadow in any medium
and no bigger than A4 in size.

**Closing date for entries to arrive in the Federation Office
is Friday 29th July 2022**

**Send your entry marked Summer Competition to:
East Kent Federation, Crown House, John Roberts Business Park,
Pea Hill, Whitstable, Kent CT5 3BJ**

Only one entry per person.

Name..... WI.....

Address.....

I agree to allow the East Kent Federation to publish my entry in East Kent News

Signature Date

Do you Enjoy...

Talking to other members?

Want to help the WI grow?

Helping others?

Solving problems?

Visiting Other WI's

Getting involved?

Then you should consider becoming a
WI Adviser and joining our team.

For more information contact
the Federation Office on 01227 464106
or via email:
federation.secretary@eastkentfedwi.org.uk





EAST KENT FEDERATION OF WOMEN'S INSTITUTES
 Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ
 Tel: 01227 464106 Charity No: 219375

PADDLE BOARDING TASTER SESSION

Have you ever wanted to try paddleboarding? Now's your chance!

Wednesday 27th July at 2.00 pm to 4.00 pm
at Seapoint Canoe Centre, Princes Parade, Hythe CT21 5ZY
£22.50 per person

Join us for a two hour paddleboarding session with full instructions. All equipment will be supplied but you will need comfortable clothes, old trainers or swim shoes together with a towel and sun protection.



Spaces are limited so send your ticket application in as soon as possible!

Please fill in the form below and send it together with your cheque for £22.50 (written in black ink) to the East Kent Federation Office, Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ

.....
 Name WI

Email Address: Enclosed £

Tickets, further information and a consent form will be sent out by email.
 If booking for more than one person please list everyone's email address overleaf.

JUST FOR FUN!

1	What is the collective name for a group of lions?
2	What are Canterbury bells?
3	What Atlantic colony gave its name to a type of shorts?
4	Who invented the flying shuttle used in weaving?
5	Which chemical element has the symbol F?
6	In which city is the Radcliffe Observatory?
7	In which craft are “fat quarters” used?
8	Which prehistoric flying reptile’s name means “winged finger”?
9	Which river flows through Leeds?
10	In the TV series “Life on Mars” which actor played Sam Tyler?
11	What is the first name of fashion designer Gaultier?
12	In which year was Mary Shelley’s “Frankenstein” first published?
13	What is a carbonnade?
14	In heraldry what type of symbol is a pheon?
15	In which US state is John Wayne Airport?
16	Traps and skeets are involved in which sport?
17	In Camberwick Green what was the name of the baker?
18	What is the term for someone who loves wine?
19	Singer Tom Jones had which original surname?
20	Which bay on Isle of Wight is famous for its coloured sand?

Answers from May 2022’s The East Kent News

- | | |
|-------------------------------|---------------------|
| 1. Black, yellow and red | 11. Potato chips |
| 2. A frog | 12. Gerald Ford |
| 3. Margaret Atwood | 13. The number 13 |
| 4. Random Access Memory | 14. Aconite |
| 5. Breed of cattle | 15. Robin Hood |
| 6. Mr Barrowclough | 16. Sifting soil |
| 7. Fashion | 17. Yarra |
| 8. Goldfinches | 18. Weightlifting |
| 9. Hanover | 19. Butterfly |
| 10. Pharynx to the middle ear | 20. American Gigolo |

CONTACT INFORMATION

Federation Office

Crown House, John Roberts Business Park, Pean Hill, Whitstable CT5 3BJ

Tel: 01227 464106

Email: federation.secretary@eastkentfedwi.org.uk

Opening Hours: Tuesday to Friday, 9.30am – 3.00pm (closed for lunch from 1.00pm to 1.30pm)