



A WORD FROM OUR CHAIRMAN

It hardly seems possible that Autumn is approaching, hopefully with some days of mellow fruitfulness but also some much-needed rain! Many of us are keen gardeners and it has been so difficult to keep everything alive as well as providing water for the wildlife, especially with the introduction of hosepipe bans. I have been very interested to read some of the water saving suggestions – share a shower, turn the water off whilst soaping or shampooing, use washing up water for the pots and garden and some I hesitate to mention here!



The current world weather has been linked very clearly to climate change and I hope that we can all support the WI climate change campaign in its attempts to raise awareness and find ways to reduce the damage.

September 16th is the birthday of the WI and to mark the occasion we are inviting members to join us for a cup of tea at the Federation Office (see the flyer on page 7 for details) and I hope to see as many of you as possible there.

We are working hard to ensure that all members, who wish to, are able to read the East Kent News; we are finding that a number of members email addresses are 'bouncing' so if you are aware of someone who has not received their copy, please could you ask them to contact the office? Members who prefer a hard copy can purchase one from the office.

We were pleased to hear that the Groups are reforming, and meetings are taking place, indeed Elizabeth and I are looking forward to afternoon tea with the Newington Group this month. To find out more about groups please contact either your Advisor or the Federation Office.

As you can see, Federation committees are working hard to arrange events for members to enjoy and they always like to hear from members with comments and ideas. Our committees are always happy to welcome new members so if you have an interest in public affairs, sport, performing arts, music, craft, gardening why not contact the office and arrange to come along to a meeting and see how it all works?

Carol Evans, Federation Chairman

CONTACT INFORMATION

Federation Office

Crown House, John Roberts Business Park, Pean Hill, Whitstable CT5 3BJ

Tel: 01227 464106

Email: federation.secretary@eastkentfedwi.org.uk

Opening Hours: Tuesday to Friday, 9.30am – 3.00pm (closed for lunch from 1.00pm to 1.30pm)

THOUGHTS FROM THE TREASURER

When I agreed to take on the position of Treasurer I was aware that we had had some difficult years with the pandemic and hoped for better times. Thankfully on the health front I believe things are looking brighter - another flu and Covid vaccination this autumn should help.



I had anticipated a rise in costs as we dealt with the aftermath of lockdowns around the world but not to the extent we are seeing now. When I started to write this we are awaiting the next rise in the price cap on fuel bills for domestic users, now we have heard the news. Those not currently on fixed rate contracts are facing a 80% rise in the price cap. Businesses are not 'protected' by the cap so their costs will rise even more which will be passed on to us as consumers.

I am currently working on the Federation budget for the year 2022/23 and, like WI Treasurers who will be preparing budgets soon, it is very difficult to predict how inflation will impact the running of the Federation. Halls will, no doubt, increase hiring rates to cover heating and lighting etc. We, as trustees, are looking very carefully at our expenditure and cutting costs wherever we can, such as continuing to use Zoom for many meetings, and emailing wherever possible to reduce postage and trips into the office.

I'm sure I am not the only person who has read newspaper headlines and Facebook posts suggesting we don't pay our gas and electricity bills if we can't afford them. Although I understand the sentiment I think it is better to follow the advice from Citizens Advice. Contact your energy supplier immediately if you fear you will not be able to pay your bill. This way you have shown responsibility and will be offered ways to pay. Failure to pay and ignoring the bills could lead to a court order which can be easily avoided.

On a positive note we are now trialing the use of Ticketsource for those wishing to book and pay for events online. There is a small charge associated with ordering tickets online but a saving is made by not having to post a cheque to the office. This is however only an additional option as tickets continue to be available through your WI or through the EKFWI office.

For those who are relatively new to WI I would like to remind you that all trustees and committee members are volunteers. The committees arrange the events and trips which you enjoy and I thank them for their hard work.

Elizabeth Lansman, Federation Treasurer

WINNERS OF THE JULY 200+ CLUB DRAW

| | | | |
|-----------------|-------|--------|---------------------------------------|
| 1 st | No 80 | £25.50 | Margaret Addington of SWAN WI |
| 2 nd | No 11 | £15.30 | Wendy Pitts of Upchurch WI |
| 3 rd | No 12 | £10.20 | Sandra Hursey of Whitfield Evening WI |

WINNERS OF THE AUGUST 200+ CLUB DRAW

| | | | |
|-----------------|-------|--------|---|
| 1 st | No 99 | £24.50 | Sylvia Goldfinch of Goodwins Evening WI |
| 2 nd | No 71 | £14.70 | Janice Mackenzie of SWAN WI |
| 3 rd | No 35 | £9.80 | Kathleen MacPhee of Smeeth WI |

If you are interested in joining the 200+ club please contact Alison Baker at the Federation Office on assistant.secretary@eastkentfedwi.org.uk

**ANNUAL COUNCIL MEETING
WEDNESDAY 22ND MARCH 2023
LEAS CLIFF HALL, FOLKESTONE**

We are pleased to announce that our guest speaker for the 2023 Annual Council Meeting is:

***Sally Kettle
Inspirational Speaker, Adventurer & Mental Health Advocate***



Inspirational speaker, adventurer and mental health advocate, Sally is the first woman to row the Atlantic Ocean twice from East to West, and once with her mother! Her speeches are honest, hilarious and informative. With over a decade of experience Sally is able to take her audience on an exhilarating, and often emotional journey. Her stories of rough seas, wild storms, harsh living and encounters with sharks is delivered in stupendous style; although very funny her storytelling is tempered with humility and candid accounts of her battles with mental health. Sally will share some of the pragmatic ways in which she's learnt to cope and ultimately thrive, becoming the resilient and successful woman she is today.

Watch this space for further details on the event as well as details of how to book your ticket!

DATES FOR YOUR DIARY

| | |
|---------------------------------|---|
| 12 th September 2022 | Walk and Talk at Samphire Hoe |
| 16 th September 2022 | Closing date for Diary orders |
| 16 th September 2022 | WI Day – Visit to the Federation Office |
| 21 st September 2022 | Top Team Quiz |
| 7 th November 2022 | Craft Day at Chartham |
| 22 nd March 2023 | Annual Council Meeting at Leas Cliff Hall, Folkestone |

Applications for tickets can either be made individually or via your WI secretary. Please ensure that all booking forms include the names of all attending members.

MY DRAUGHTING CAREER

I have always loved Maths and when I left school started a job as a Mathematical Assistant in the wind tunnel at Hawker Siddeley in Hatfield, Hertfordshire. The job entailed helping the design engineers with various tests on the body and wings of model aircraft in the wind tunnel. Using the results I then plotted graphs etc for the engineers to assess and therefore modify the aircraft design.

During my time at Hatfield I became interested in the work done in the drawing office so I enrolled in an evening class to study and pass engineering drawing at O level. I was the only female in the class! I pursued my interest and worked as an electro-mechanical detail draughtswoman for several companies around Hertfordshire during the following years, always the only female in the office! I became involved with the development of one of the first assisted stand up chairs. I also produced artwork which was then photographed for meter dials.

I then moved to Kent to Elliott Brothers in Rochester which later became BAE Systems. My artwork was photographed for printed circuit boards, and I produced circuit diagrams and manufacturing drawings for aircraft such as the Tornado..

Then came a complete change for drawing offices, the introduction of computer aided design and AutoCAD.

I joined RB Plant in Lenham which designed Industrial plant for companies such as:

- Trebor sweets (some samples available)
- De Beers diamonds (unfortunately no samples available)
- Akzo chemicals which included Dulux paint manufacturers
- Abbott Laboratories and Pfizer pharmaceutical manufacturers

I loved the work and was almost sorry when I retired.

Jennifer Carter, Cherryhill WI

A NOTE FROM THE EDITOR

- Do have an interesting hobby?
- Have you had a varied or unusual career?
- Do you have any quizzes, recipes or craft project other members might like to try?
- Read any good books recently that other members might enjoy?

If you would like to submit any copy for The East Kent News please send it in either by post or email to federation.secretary@eastkentfedwi.org.uk

WYE WI

Wye WI enjoyed a morning of New Age Kurling. Pictured here are the winners of the competition Glynis Stewart and Elizabeth Marriott on the left of the picture and runners up Jenny Armstrong and Mary Lambert on the right with President Rose Williams in the centre who presented the medals.



PUBLIC AFFAIRS COMMITTEE

So many of us have found 'getting going' again after the pandemic difficult, and now with financial constraints for many of us it becomes even harder.

But do you have ideas on how your WI or Federation could promote any of our past resolutions? Do you think we are not doing enough to promote action against climate change or other environmental issues?

If so the Public Affairs committee would like to hear your ideas.

We would like to see if we can put those ideas into events and activities, and even better would be your help in 'getting going' again.

Sue Hankins, Public Affairs Committee

GUILD & GROUP MEETINGS

ASHFORD CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the third Monday of the month at the Kennington WI Hall, 228 Faversham Road, Kennington TN24 9AN. The speaker at their September meeting is by Margaret Ovenden on "Catwalk to Quire". Contact their secretary, Pat Owen-Smith on 01233 630134 for further details.

DEAL AND SANDWICH CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the third Monday at The Guildhall, Sandwich, Kent CT13 9AH. Their September meeting will be silk screen painting with Marjorie Last. Contact their secretary, Mavis Johns 01304 360541 for further details.

DOVER CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the fourth Wednesday of the month at the Whitfield Village Hall, Sandwich Road, Whitfield, Dover CT16 3LY. The speaker at their September meeting is Hayley's Flower – Last of the Summer/Step into Autumn. Contact their secretary, Mary Gardner on 01304 820886 for further details.

SHEPPEY CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.15pm on the fourth Thursday of the month at the Bethel Church Hall, Chapel Street, Minster on Sea ME12 3QF. Their September meeting will be Glass Painting with Kathleen Rendall. Contact their secretary, Val Chatten on 01795 874634 for further details.

WHITSTABLE CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.15pm on the third Tuesday of the month at St John the Baptist Church Centre, 11 St John's Road, Swalecliffe, Whitstable CT5 2QU. Their September meeting will be a sewing project and members are asked to bring in their sewing kit. Contact their secretary, Sandy Brown on 01227 741266 for further details.

ENVIRONMENT & NATURAL HISTORY GROUP - Our September outing is a visit to Hythe, for a morning coast and canal walk on 14th September. We will learn about the history of the Canal and current developments near the coastline - with refreshments en route. On the 21st October we meet in Bethersden at the Model Railway Centre where we view and control model trains and learn about the celebration of 180 years since trains came to Ashford - together with afternoon tea. Members & friends welcome to join us, please contact Janet Adamson: 01303 893413 or email: janet.a.adamson@btinternet.com as numbers are needed in advance.

FOOD, GARDENING & CREATIVE ARTS COMMITTEE

**CRAFT DAY – 7TH NOVEMBER 2022
AT CHARTHAM VILLAGE HALL**

Have a go at two crafts in the day.

Tickets - £12.00

There will also be a charge for the kit for each craft, this will be payable, **in cash**, to the tutor on the day.

DOORS OPEN AT 9.30AM

Session one 10.00am – 12.15pm Lunch 12.15pm – 1.15pm Session two 1.30pm – 3.45pm
Raffle 1.15pm

Select from the following: -

| Craft | Kit Price | Craft | Kit price |
|---------------------------|------------------|------------------------|------------------|
| Christmas Tree Cushion | £6 | Beaded Pendant | £6 |
| Flower Arrangements | £6 | Wet Felting | £6 |
| Christmas Tree Decoration | £6 | Card Making Techniques | £5 |
| Folded Photo Album | £6 | Pebble Pictures | £6 |



Please complete the form below giving first and second choices for both sessions and send with your cheque for £12 payable to K-EKFWI (please use black ink and write CRAFT on the back) to the Federation Office, Crown House, John Roberts Business Park, Pean Hill, Whitstable, CT5 3BJ.

Please include a stamped, addressed envelope for the ticket.

NAME WI

PHONE NUMBER EMAIL ADDRESS

| | FIRST CHOICE | SECOND CHOICE |
|-------------------|---------------------|----------------------|
| Morning session | | |
| Afternoon session | | |

Details of any equipment or materials needed will be sent with the tickets
Please bring a packed lunch. Tea and coffee on arrival included in ticket price, further cups available to purchase during the day.

There are a limited number of places which will be allocated on a first come first served basis.

WI DAY

16th SEPTEMBER 2022 - 2.00 pm – 5.00 pm



EKFWI OFFICE, PEAN HILL, WHITSTABLE, KENT CT5 3BJ

Every year we now celebrate 'our birthday' on 16th September. This year on our 107th birthday we invite members to visit our Federation Office to meet the trustees and staff.

Join us for a 'cuppa.' However due to very limited space, slots will be at 2.00 pm, 3.00 pm or 4.00 pm. We ask that you book a time slot in advance using Ticketsource. Please find the link below.

<https://www.ticketsource.co.uk/east-kent-federation-of-womens-institutes>

**Bookings can also be made by calling 01227 464106
or emailing assistant.secretary@eastkentfedwi.org.uk**

Please be aware that the office can only be accessed by stairs.

Thank you for booking a visit to the Federation office. Parking is limited so please car share if possible. Parking for the WI is on your left once you are on the gravel car parking area.

We look forward to seeing you.

THE RULES OF THIS INSTITUTE

1. No snuff to be taken whilst the minutes are being read
2. Latecomers shall work an extra shift in the dark satanic mills
3. Arrows of desire to be left in the umbrella stand during meetings
4. The President shall enter borne on a chariot of fire..... entirely at her own risk
5. Flowers for the table decoration shall be plucked from the slopes of mountains green
6. Hard chairs influence members to cease from mental fight during meetings
7. There shall be no criticism of the tea.... we all have weak moments
8. Ladies handling rock cakes shall wear hard hats and protective clothing

We are a democratic Institute, you can't beat us – so why not persuade others to join us?

From an Anonymous Source!



EAST KENT FEDERATION OF WOMEN'S INSTITUTES
 Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ
 Tel: 01227 464106 Charity No: 219375

THE COMPETITION CUP 2022/2023
AUTUMN COMPETITION

Create an exhibit entitled *A Woodland Walk*.

Exhibits will be staged on open tabling and should use natural plant materials; appropriate accessories may be incorporated.

Overall dimensions - 18"x12"x12" (45cmx30cmx30cm)



**Entries to be displayed at the Craft Day at Chartham Village Hall
 on 7th November 2022 for judging**

**Please send the form below to the Federation Office
 by 28th October 2022 to register your interest in entering**

.....

Name..... WI.....

Email:

Telephone Number:

I agree to allow the East Kent Federation to photograph my entry for the East Kent News

Signature Date

THE GREAT BIG GREEN WEEK – 24TH SEPTEMBER – 2ND OCTOBER 2022

Have you thought about your W.I. holding an event to mark the Great Big Green Week, 24th September – 2nd October 2022.

This is a national celebration set up through the Climate Coalition involving the W.I., RSPB, National Trust and many more. Thousands of events will celebrate communities taking action to tackle climate change and protect green spaces. You can sign up on line via The Great Big Green website

To find out about events in your area and join in. Your support does not have to be complicated. You can do whatever you fancy. Here are some examples of ideas of things to do:

- Recycled crafting
- Nature walks
- Tree tours
- Bat walks
- Acorn and wildflower seed planting
- Litter picks
- Electric car demo
- Bike rides
- Plant-based feasts
- Art inspired by the environment

So what do you think?

The Public Affairs Committee

VISIT TO THE FRANCISCAN GARDENS & EASTBRIDGE HOSPITAL

At the end of July over 30 members visited the Franciscan Gardens & Eastbridge Hospital. Both tour guides were full of interesting information. I had no idea that there was so much behind the hustle and bustle of the High Street

Sue Hankins, Eastry WI



YEAR BOOK & SPEAKER LIST AMENDMENTS

Following the recent Auditions Event we have two new speakers to add to the East Kent Federation Speaker List:

Charities

ANNE BAULING

Lane House, Wittersham Road, Iden, Near Rye, East Sussex TN31 7XB

Tel: 01797 280869

Mobile: 07590 306464

Email: ann.bauling@gmail.com

Fee & Travel: Donation to charity

- Supershoes! Helping Children Through Their Cancer Journey

Craft & General Interest

CAROLYNN BINNIE

64 Willow Farm Way, Herne Bay, Kent CT6 7QH

Mobile: 07973 518640

Email: carolynnbinnie@gmail.com

Website: carolynnbinnie.com

Fee & Travel: £50 + travel at £5

- Meditation for Modern Day Life
- Meditation and Mindfulness – *a beginners guide*
- How Meditation can Calm Anxiety and Change the Way Other People React to You

Brian D'Arcy – Whilst Brian has enjoyed giving talks he is sadly unable to continue. He sends his best wishes to all the WIs in East Kent

Dover WI – From October 2022 Dover WI will meet on the 1st Friday at 1.30pm at The Riverside Centre, Maison Dieu Gardens, Dover CT16 1RL

LYNSTED WITH TEYNHAM WI

Lynsted with Teynham WI members and friends spent a pleasant afternoon at Provender House, the home of Princess Olga Romanoff, who was their tour guide. Olga gave a potted history on the Romanoff family and the history of the house. The house itself is an ongoing process of renovation and refurbishment as and when funds are available. They were served tea and cake by the Princess who was a very hands on and friendly hostess.



UPCHURCH WI

Upchurch WI were proud to present member Joyce Gilbert with a certificate and flowers to mark her 55 years as a member of our WI. Joyce has served as President, Treasurer, and Secretary for many years as well as being on committee for most of her time in the WI. Joyce in previous years was a trustee and very active member of the East Kent Federation. She has also played piano for Jerusalem at the Annual Council Meeting. They are thrilled that Joyce is still an active member of their WI.



PADDLEBOARDING!

The wonderful thing about the WI are the opportunities to try something new with like-minded people who will encourage and support you. 3 ladies from Smarden WI joined the paddle board taster session in Hythe. There were 17 of us and our instructors who gave us such reassurance that within a very short time we were floating down the canal assisted by the prevailing wind (a bit harder coming back). Most of us knelt or sat on the board but several soon managed to stand and paddle with confidence. Some boards carried 2 people and one carried 7. The canal was a safe and pleasant place to learn. The sun shone and the water wasn't cold.....I fell in 3 times but others were far more competent.

After 2 hours I went home feeling invigorated and satisfied that I'd had a go. Next day my thighs ached.....it lasted for nearly a week. I can certainly recommend paddle boarding as a work-out for legs and arms! Thank you to the Federation for offering us something totally different. I hope you will arrange further sessions as I'd recommend anyone to give it a go.

Gill Bromley from Smarden WI

I am quite nervous in water and at trying new things but everyone was welcoming and it was thoroughly enjoyable. We had a few hiccups and if it hadn't been for the wind I'm sure I would have had a good chance of getting up on my feet!

Diane from Milstead with Frinsted WI



CANTERBURY QUIZ WALK ORGANISED BY THE PERFORMING ARTS, LEISURE & SPORT COMMITTEE (PALS)

On a sunny but not too hot afternoon members from nine WIs met at the Beaney House of Art and Knowledge, picked up their questionnaires and took off in teams of two to four. The questionnaires were compiled by one of Canterbury's town guides. They provided directions, questions and a lot of background historical information. The first team was back at St Peter's Methodist Church Hall in a little less than an hour where a selection of drinks and cake awaited them. Before long the hall was buzzing with conversation as members enjoyed meeting each other for catch-up chats. Questionnaires were marked and each member received a certificate for their achievement.

Mary Telford, Chairman of PALS



Smeeth WI



Bridge with Patricxbourne WI

COMPETITION WINNERS!

Spring Competition – The Spring Competition was to write a piece in which two well known fairy tale or nursery rhyme characters meet was won by Claire Greenhead of Herne WI with a tale titled “Bosom Baddies”. The runner up with a piece called “The Magical Meeting” was Margaret Larkin of Broadstairs WI.

Summer Competition – The winner of the Summer Competition, which was to paint a picture of a wild flower meadow, was Gaye Mutton of Willesborough WI. The two runners up were June Strouts of Chartham WI and Jenny Gates of Sandwich WI.





EAST KENT FEDERATION OF WOMEN'S INSTITUTES

Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ

Tel: 01227 464106 email: federation.secretary@eastkentfedwi.org.uk Charity No: 219375

With the winter approaching we invite you to attend a
Zoom Talk



WITHOUT RESERVE

Speaker: Janie Ramsay

The Antiques trade is quite unique with its own rules. This talk takes you behind the scenes of both retail and auction houses. The good, the bad and the really bad are brought into the light. Our speaker has worked in the trade for over 40 years, including as Director at Sothebys. There is some audience participation in this talk and promises to be lots of fun!

Tuesday 15TH November 2022 at 7.00 PM

£5 PER PERSON

Book online via: <https://www.ticketsource.co.uk/east-kent-federation-of-womens-institutes>

Please fill in the form below and send to the
East Kent Federation Office with your payments by **25th October 2022**

For further information please contact:

Performing Arts, Leisure and Sport Sub-Committee

Contact: Clare Boggia Telephone: 07912038891 Email: boughtongreys@gmail.com

.....
Name.....W.I.....

Please **PRINT** Email address:

Contact Tel No:

JUST FOR FUN!

Mixed up Stars!

*The following are all famous stars – can you unravel them?
eg RENOWN DAIRY – Winona Ryder*

| | |
|----|--------------------|
| 1 | MICRO SUET |
| 2 | FIND LIFE RACE LAD |
| 3 | DISLOCATE TOWN |
| 4 | RAJAH NOT VOLT |
| 5 | CHINCHILLA REAP |
| 6 | A HERALD LAUNDRY |
| 7 | NO BARMAN LORD |
| 8 | REALLY HERB |
| 9 | OCEANIC GALS |
| 10 | DO ON BALLROOM |
| 11 | NIL NACHOS JOCK |
| 12 | RENAME MAN FROG |
| 13 | GRINDING AMBER |
| 14 | THY LEAKIER KING |
| 15 | SYPHON INTO KHAN |
| 16 | CLEARLY KEG |
| 17 | WILL USE CRIB |
| 18 | WANTS A MEMO |
| 19 | MERRY WARDROBE |
| 20 | FINDS A HORROR |

Answers from July/August 2022's The East Kent News

1. All over the world
2. Children in Need
3. Flat iron
4. High seas
5. Peace be with you
6. Round Robin
7. Altar boy (alter boy!)
8. Double cream
9. Forever and a day
10. Man overboard
11. Read all about it
12. Cake mix
13. Double decker bus
14. Dust to dust
15. The game is up
16. Maximum
17. Room at the top
18. A multitude of sins