



A WORD FROM OUR CHAIRMAN

I was privileged to attend the Top Team Quiz on 21st September, what a lovely afternoon and what a knowledgeable crowd! Congratulations to the winners – Hawkinge, Acrise and Paddlesworth WI.



It is so good to see members enjoying Federation events again, so far, we have had Spring Day, walks on Samphire Hoe and through the Wisterias, a quiz walk in Canterbury and paddleboarding, to name but a few and you will be pleased to know that the committees – Public Affairs, Food, Garden and Creative Arts and PALS (Performing Arts, Leisure and Sport) are working hard planning events for the remainder of this year and next year.

Don't forget to get your tickets for Craft Day on 7th November and the evening Zoom talk about the antiques trade on 15th November. Tickets for the Zoom talk can be booked in the usual way by sending a cheque to the office or booking through your WI but, for those who are happy using online booking, they can be booked through TicketSource the link for this can be found on the flyer in this issue; it does incur a small booking fee, but this is less than the cost of postage for sending in a cheque! It isn't difficult – it can't be because I managed it.

East Kent Federation is very fortunate in being the only federation with Guilds. What are they? There are Craft and Home Economics Guilds who meet once a month and focus on various aspects of home, food and craft and there are also the Lace, Spinners and Needlework Guilds who meet monthly and develop their skills. We are also fortunate to have the Environment and Natural History Group who visit a variety of interesting places. If you would like to know more, please ask the office who can put you in touch with these groups.

Carol Evans, Federation Chairman

SPEAKER LIST AMENDMENTS

Charities -ANNE BAULING - Please note that Anne's email address is ann.baulinv@gmail.com

CONTACT INFORMATION

Federation Office

Crown House, John Roberts Business Park, Pean Hill, Whitstable CT5 3BJ

Tel: 01227 464106

Email: federation.secretary@eastkentfedwi.org.uk

Opening Hours: Tuesday to Friday, 9.30am – 3.00pm (closed for lunch from 1.00pm to 1.30pm)

THOUGHTS FROM THE TREASURER

October is MCS Month

The MCS (Membership Communication System) is a very important tool at all levels of the WI, therefore, it is vitally important that the information stored there is kept up to date



June and October have been designated as 'MCS month' throughout the WI organisation as a way of reminding us to check and update the database.

All WIs are encouraged to appoint an MCS Rep to take responsibility for their records, and WIs who already have an MCS Rep are asked to ensure that all their records remain accurate:

- Is where and when our WI meets correct?
- Are all paid-up members listed?
- Have those who have not renewed their membership been removed.
- Are all members' details correct? If a member really does not wish to receive their copy of WI Life enter the Federation office address. This way we can use the 'spare' copies at promotional events.
- Do all members, including officers have a valid and up-to-date email address listed?
- Are all officers' roles and committee positions assigned to the correct members?

The MCS enables communication throughout the organisation. Please make sure that the number of members on the MCS corresponds to the number of members that have paid their subscription and remember to send the EKFWI and NFWI portion as quickly as possible.

For any assistance, please contact the federation office.

Elizabeth Lansman, Federation Treasurer

DATES FOR YOUR DIARY

6 th October 2022	Officer & Committee Training (2 sessions)
20 th October 2022	Officer & Committee Training
24 th October 2022	Auditions Morning
25 th October 2022	Officer & Committee Training
27 th October 2022	Officer & Committee Training
7 th November 2022	Craft Day at Chartham
8 th November 2022	Officer & Committee Training
15 th November 2022	Without Reserve – Zoom talk
24 th November 2022	Officer & Committee Training
22 nd March 2023	Annual Council Meeting at Leas Cliff Hall, Folkestone

Applications for tickets can either be made individually or via your WI secretary. Please ensure that all booking forms include the names of all attending members.



PLEASE CONSIDER JOINING THE 200+ CLUB TO SUPPORT THE FEDERATION

Membership of the 200+ Club is not just open to WI members; anyone over the age of eighteen can join, so perhaps your husband, partner or a friend may like to participate.

To enter will cost you an initial payment for the first year of £12.05p (5p a legal requirement for joining the club) afterwards it is £12.00 per year. You can join at any time! Your allocated number will be entered into the draw each month with an extra Special Draw of £50 taking place at the Annual Council Meeting. The income is shared, 50% being paid out in prize money and 50% towards raising money for resources for the benefit of members.

The more people play, the larger the prizes!

200 + CLUB NEW MEMBER APPLICATION FORM

I would like to purchase share(s) at £12.05 each in the East Kent Federation of Women's Institutes 200+ club. **New Member £12.05** for the first year (legal requirement) and then £12.00 per share annually.

Title: First Name: Surname:

Address:

..... Post code:

Email: Telephone Number:

Member of WI

Amount enclosed: Signed:

Please make cheques payable to EKFWI and return form to: Alison Baker, Assistant Secretary, EKFWI, Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ

WINNERS OF THE SEPTEMBER 200+ CLUB DRAW

1 st	No 132	£24.50	Fay Diprose of SWAN WI
2 nd	No 134	£14.70	Shirley Edwards of Tankerton Bay WI
3 rd	No 1	£9.80	Gill Bromley of Smarden WI

PEN PALS NEEDED!



About 4 years ago, when the WI resolutions of mental health matters and alleviating loneliness had been voted on, Valerie Hughes, from Sutton WI, Norfolk Federation, decided that a good way of helping was to set up a WI pen pal group.

It is very therapeutic writing letters, often you may do more or look at things in a different way so that you have plenty to write about. It is also really nice to get a hand written letter as opposed to a bill or circular. Pen pals can be supportive, encouraging, an inspiration, a person to share highs and lows without being interrupted. There is something tangible, something to reread as often as you want.

Getting the word out was difficult as she wanted to keep it as a free service, so went to social media and the UWI FB group (often referred to as The Daisies) for help and a sub group 'The pen pal exchange' was set up. It now has over 1,000 members.

Once successful, NFWI promoted it too, it is mentioned on MyWI and WI Life has written about it several times.

Although Valerie is aware that potentially the loneliest people are not on line, this is the only way she can accept applications as she is not able to advertise her postal address for GDPR reasons. She hopes that those who do have internet access will apply for those who don't.

To apply she asks the following questions and for the answers to be emailed to her. She only shares the applicants addresses with the pen pal she matches them to.

- Name
- Age
- Marital status
- Present or former employment
- Interests and hobbies
- A bit about your family
- Full postal address

She aims to link members at the end of every month, hoping that their interests and backgrounds will be a common thread. This is not always easy, she is also mindful of how near members live to each other as if too close they may already know each other. The hope is that 'just' being in the WI and liking letter writing would be enough of a link.

Her email address is valerie.hughes08@gmail.com. Please mark the email WI Pen pal

A NOTE FROM THE EDITOR

- Do have an interesting hobby?
- Have you had a varied or unusual career?
- Do you have any quizzes, recipes or craft project other members might like to try?
- Read any good books recently that other members might enjoy?

If you would like to submit any copy for The East Kent News please send it in either by post or email to federation.secretary@eastkentfedwi.org.uk

ANNUAL COUNCIL MEETING WEDNESDAY 22ND MARCH 2023 LEAS CLIFF HALL, FOLKESTONE

We are pleased to announce that our guest speaker for the 2023 Annual Council Meeting is:

***Sally Kettle
Inspirational Speaker,
Adventurer & Mental Health
Advocate***



Inspirational speaker, adventurer and mental health advocate, Sally is the first woman to row the Atlantic Ocean twice from East to West, and once with her mother! Her speeches are honest, hilarious and informative. With over a decade of experience Sally is able to take her audience on an exhilarating, and often emotional journey. Her stories of rough seas, wild storms, harsh living and encounters with sharks is delivered in stupendous style; although very funny her storytelling is tempered with humility and candid accounts of her battles with mental health. Sally will share some of the pragmatic ways in which she's learnt to cope and ultimately thrive, becoming the resilient and successful woman she is today.

Watch this space for further details on the event as well as details of how to book your ticket!

PUBLIC AFFAIRS COMMITTEE

I've been involved recently in a discussion with a member of Kent Fire and Rescue Services. It is possible to make an appointment for advice on all aspects of home & fire safety including checking & installing fire alarms but they also make unsolicited door to door calls. I've said that their service could be refused by many as they would be concerned about scams. If you should get a house call from KFSR this is how you can ensure they are genuine.

'Our crews often carry out checks and free home fire safety visits around Kent and Medway. Remember, if we knock on your door, we will always...

- Wear KFRS branded uniform
- Carry KFRS branded ID
- Come in a marked vehicle

To verify someone's ID, simply call 0800 923 7000".

Sue Hankins, Chairman of Public Affairs Committee



FOOD, GARDENING & CREATIVE ARTS COMMITTEE

**CRAFT DAY – 7TH NOVEMBER 2022
AT CHARTHAM VILLAGE HALL**

Have a go at two crafts in the day.

Tickets - £12.00

There will also be a charge for the kit for each craft, this will be payable, **in cash**, to the tutor on the day.

DOORS OPEN AT 9.30AM

Session one 10.00am – 12.15pm Lunch 12.15pm – 1.15pm Session two 1.30pm – 3.45pm
Raffle 1.15pm

Select from the following: -

Craft	Kit Price	Craft	Kit price
Christmas Tree Cushion	£6	Beaded Bracelet	£6
Flower Arrangements	£6	Wet Felting	£6
Christmas Tree Decoration	£6	Card Making Techniques	£5
Folded Photo Album	£6	Pebble Pictures	£6
Christmas Wreath	£6		



Please complete the form below giving first and second choices for both sessions and send with your cheque for £12 payable to EKFWI (please use black ink and write CRAFT on the back) to the Federation Office, Crown House, John Roberts Business Park, Pean Hill, Whitstable, CT5 3BJ.

Please include a stamped, addressed envelope for the ticket.

NAME WI

PHONE NUMBER EMAIL ADDRESS

	FIRST CHOICE	SECOND CHOICE
Morning session		
Afternoon session		

Details of any equipment or materials needed will be sent with the tickets
Please bring a packed lunch. Tea and coffee on arrival included in ticket price, further cups available to purchase during the day.

CLOSING DATE MONDAY 17TH OCTOBER 2022



EAST KENT FEDERATION OF WOMEN'S INSTITUTES
 Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ
 Tel: 01227 464106 Charity No: 219375

THE COMPETITION CUP 2022/2023
AUTUMN COMPETITION

Create a floral exhibit entitled *A Woodland Walk*.

Exhibits will be staged on open tabling and should use natural plant materials; appropriate accessories may be incorporated.

Overall dimensions - 18"x12"x12" (45cmx30cmx30cm)



**Entries to be displayed at the Craft Day at Chartham Village Hall
 on 7th November 2022 for judging**

**Please send the form below to the Federation Office
 by 28th October 2022 to register your interest in entering**

.....
 Name..... WI.....

Email:

Telephone Number:

I agree to allow the East Kent Federation to photograph my entry for the East Kent News

Signature Date

MEMBERSHIP AND ADVISORY

NFWI have launched a new fundraising guide. This is available to either download from MyWI via: [MyWI: Fundraising Guidelines](#) or by contacting the Federation Office.

If you have any queries regarding the content of the guidelines please do not hesitate to contact your WI Adviser.

Please don't forget to inform the Federation Office and your Adviser if your WI changes meeting venue, day or time.

Gill Crone, Chairman of Membership and Advisory Committee

CRAFTY WIs!

KENNINGTON WI

Kennington WI started a new group called Papercraft and these cards were made during the first session. The group is led by Jacqui Beaney, a member of their WI.



ST PETERS VILLAGE WI

They had a fun morning putting these together with the help of their member Jenny Pay who designed the packs they used.

AN INVITATION TO SING

The East Kent Chorus are a mixed voice harmony chorus based in Ashford and are WI registered. We have entertained East Kent WI's at their meetings or special events since 2013.

We meet every Thursday evening at Frances Road Community Church Ashford and sing a cappella in the Barbershop style. Currently we are working on some songs by Elvis, Paul McCartney, Neil Sedaka & Leonard Cohen.

We are always looking for new member so on the 20th October we are holding a Taster Evening for ladies & /or their partners who may be interested in joining the chorus. Singers from absolute beginners to good standard amateurs are welcome, reading music is not necessary as we use voice part learning tracks.

Please have a look at our website www.eastkentchorus.com. If you are considering joining us for the Taster Evening please contact our secretary Barry Andrews bj.andrews21@outlook.com for more information.

GUILD & GROUP MEETINGS

ASHFORD CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the third Monday of the month at the Kennington WI Hall, 228 Faversham Road, Kennington TN24 9AN. At their October meeting there will be a Christmas Cracker demonstration by Margaret Palmer. Contact their secretary, Pat Owen-Smith on 01233 630134 for further details.

DOVER CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.00pm on the fourth Wednesday of the month at the Whitfield Village Hall, Sandwich Road, Whitfield, Dover CT16 3LY. The speaker at their October meeting is Sue Nash – History & Demonstrations of Wool. Contact their secretary, Mary Gardner on 01304 820886 for further details.

SHEPPEY CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.15pm on the fourth Thursday of the month at the Bethel Church Hall, Chapel Street, Minster on Sea ME12 3QF. Their October meeting will be Christmas Table Decorations with Philippa Doucy. Contact their secretary, Val Chatten on 01795 874634 for further details.

WHITSTABLE CRAFT & HOME ECONOMICS GUILD – meetings are held at 2.15pm on the third Tuesday of the month at St John the Baptist Church Centre, 11 St John's Road, Swalecliffe, Whitstable CT5 2QU. The speaker at their October meeting will be Mercy Morris The Plant Lady. Contact their secretary, Sandy Brown on 01227 741266 for further details.

ENVIRONMENT & NATURAL HISTORY GROUP - We are already thinking of locations to visit for 2023, and would be grateful for ideas to put to our AGM. This will be held on Monday 21st November at the Ashford Road Community Centre, Thanington. Everyone is invited to join us for an illustrated talk at 2.00p.m. by David Carey of the Kent Tree and Pond Wardens Group. This is followed by refreshments and our informal Annual Meeting. Members are reminded of our end of season lunch at Brogdale on 10th November. Full details from Janet Adamson 01303 893413 email: janet.a.adamson@btinternet.com

A GUIDE TO THE GUILDS

Craft & Home Economics - Organise classes, demonstrations and visits on all aspects of craft, cookery and gardening. The classes are an introduction and a fun way of learning. A charge is made to attend.

Environment & Natural History Group – The group meets approximately 10 times each summer to visit a variety of locations with a knowledgeable guide. The group was set up to encourage interest in the flora, fauna and agriculture of East Kent and also the impact of the built environment. A charge is made to attend.

Lacemakers – The Guild welcomes all WI members interested in the craft, whether complete beginners or experienced workers.

Needlecraft – The Guild welcomes all WI members who are interested in any form of needlecraft.

AUDITIONS EVENT FOR SPEAKERS



The SWAN Centre, Turner Close, Newtown, Ashford TN24 0PQ

Monday 24th October 2022

Doors open 9.30am

First Speaker at 10am and finish at 1pm

£4 for the morning

Raffle – tea and coffee available on arrival and at coffee time
No pre-booking – just turn up, please note that this is for members only.

This is the way YOU choose the Speakers as recommended in the Handbook. Use your talent spotting skills not just for your WI, but for the WIs across East Kent.

We look forward to seeing you.

*Gill Bull, Speakers' Coordinator
01304 614184 or gill4auditions@gmail.com*

FIRST AID TRAINING

Thank you so much for arranging the Emergency First Aid at Work Day in Canterbury on 15th September.

Alex, our trainer from First Aid UK, was excellent at delivering the information in a memorable and entertaining way.

Singing 'Baby Shark' whilst doing cardiac massage on a state-of-the-art mannequin will not be forgotten easily! We covered heart attack, shock, recovery position, burns, choking and seizures.

The day flew past and we were all successful in gaining our certificates, following a multiple-choice test at the end, for which we had been really well prepared.

I will definitely be signing up in 3 years' time for the refresher!



Many thanks to Carol and Alison for all the arrangements and the tea making, it was much appreciated by all.

Sue Greenstreet, Minister in Thanet WI

With the winter approaching we invite you to attend a Zoom Talk

Tuesday 15TH November 2022 at 7.00 PM

£5 PER PERSON

WITHOUT RESERVE

Speaker: Janie Ramsay



The Antiques trade is quite unique with its own rules. This talk takes you behind the scenes of both retail and auction houses. The good, the bad and the really bad are brought into the light. Our speaker has worked in the trade for over 40 years, including as Director at Sothebys. There is some audience participation in this talk and promises to be lots of fun!

Book online via: <https://www.ticketsource.co.uk/east-kent-federation-of-womens-institutes>
or fill in the form below and send to the East Kent Federation Office with your payment
by **1st November 2022**

.....
Name.....W.I.....

Please **PRINT** Email address:

Contact Tel No:

TANKERTON BAY WI

Members of Tankerton Bay WI attended a short ceremony to unveil a plaque marking an Amelanchia tree, planted in Kingsdown Park Gardens Tankerton, as part of The Queen's Green Canopy, a nationwide campaign to plant thousands of trees in celebration of the Queen's Platinum Jubilee.

Although not intended as a memorial to Her Majesty, it is hoped that those that read the plaque will have a moment to reflect on her life, her celebrations on that very special day and her amazing life-long commitment to all of us and to our country.





EAST KENT FEDERATION OF WOMEN'S INSTITUTES
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 Tel: 01227 464106 Charity No: 219375

Performing Arts, Leisure and Sport Committee
 Mary Telford: mtelford22@gmail.com

The Joan Boucher Cup for Writing 2023

Here is an opportunity to let your imagination and your writing skills rip.

In not more than 600 words. Create your own title for a story that starts with the words:

"Until now I have believed... Then I found out"



Send your entry marked Joan Boucher Cup to EKFWI, Crown House, John Roberts Business Park, Pean Hill, Whitstable, Kent CT5 3BJ by 3rd February 2023

Please do not write your name on your work; but complete the information below or on a separate sheet and attach it to your entry. Please put the total number of words used, thank you. Only 1 entry per person.

.....
 Name: WI:

Email Address:

I agree to allow the East Kent Federation to publish my entry in East Kent News

Signature Date

TOP TEAM QUIZ

On 21st September 86 members from 15 WIs came to the Westgate Hall in Canterbury to compete in the annual Top Team Quiz. We are indebted to Peter Jones, our popular Quiz Master, who comes at his own expense and, like all who help to organise events for members, is an unpaid volunteer. He kept everyone's brains working hard for a couple of hours. Finally we had a winning team who will take home their prizes, they were Hawkinge, Acrise and Paddlesworth WI or "Happy" as they prefer to be called. Our Federation Chairman, Carol Evans, presented the trophy and very kindly helped us out with the marking.

Mary Telford, Chairman of Performing Arts Leisure and Science Committee



Last year was our first participation in Top Team Quiz and you may remember (we certainly do) that we came joint second. This year we were a little more trepidatious as we only managed to get together a team of 4 consisting of Debbie Christie, Yvonne Savage, Elizabeth Lansman and Barbara Gardner.

There were 6 rounds of 10 questions – All in a Name, A Flight of Fancy, Snap! Two of a Kind, All Alliterative Answers, Body Parts and Last to First. In between there was an interval and we were actually table served teas and coffee's by two nice young men and there were also some very passable biscuits to be had. I was particularly partial to the orange choc chip cookies but maybe the less said about that, the better!

In all there were 15 teams – most of whom seemed to have the full compliment of 6 players. The atmosphere was tense, it was dog eat dog, a jungle out there – actually it wasn't – I just made that up for added drama!!

We came drum roll – 12th! Yes, you heard it 12th out of 15!! That's not as bad as it sounds if I'm honest. The maximum marks you could achieve was 80. The winning team scored 77 and we scored 69 – so only 8 behind with lots of other teams only a few points ahead of us. There were two joker rounds and that's where we slipped up. On three of the rounds we scored 100% but we played one of our jokers on a round which lost us 4 points. We still wouldn't have won but it would have been closer.

I think we did a good job with a team which was not to full strength in numbers, but what we lacked in bodies we certainly made up for with knowledge and enthusiasm.

A most enjoyable afternoon. Next year we're gonna smash it! We just need more team members!

Debbie Christie, Hythe Bay WI

JUST FOR FUN!



CELEBRATIONS!



1	In Scotland, what name is given to the New Year's celebrations?
2	What is celebrated 12 days after Christmas?
3	What contribution to modern Christmas was invented in London by Tom Smith in 1847?
4	St Andrew's Day is celebrated at the end of which month?
5	What spans the 24 days of December and celebrates the coming of Jesus?
6	Shrove Tuesday is also commonly known as what day?
7	Many celebrate what annual event by going to the River Thames to see swans ceremonially caught and released?
8	Bonfire Night is annual celebration of the failure of the gunpowder plot which was an assassination attempt against which King?
9	St George's Day is celebrated on which date?
10	Which coastal town in Cornwall celebrates Obby Oss festival?
11	Which day is celebrated on the same day as Saint Stephen's Day?
12	The Hay Festival of Literature and Arts is an annual literature festival held in which country of the United Kingdom?
13	Burns Night is celebrated at the end of which month?
14	What name is given to the Thursday before Easter which celebrates Jesus' Last Supper?
15	The Fringe Festival is celebrated with thousands of performances across 300 venues in which city?
16	Which festival is known as the Festival of Lights?
17	Each year the Jorvik Viking Festival is a huge celebration of the Viking heritage in which English city?
18	What is always celebrated on the third Sunday of June in the UK?

Answers from September 2022's The East Kent News

1. Tom Cruise
2. Daniel Radcliffe
3. Clint Eastwood
4. John Travolta
5. Charlie Chaplin
6. Laurel and Hardy
7. Marlon Brando
8. Halle Berry
9. Nicholas Cage
10. Orlando Bloom
11. Jack Nicholson
12. Morgan Freeman
13. Ingrid Bergman
14. Kiera Knightley
15. Anthony Hopkins
16. Grace Kelly
17. Bruce Willis
18. Emma Watson
19. Drew Barrymore
20. Harrison Ford