

East Kent

March 2022

News



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EAST KENT FEDERATION OF WOMEN'S INSTITUTES



Federation Office

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Opening Hours: Tuesday to Friday, 9.30am – 3.00pm (closed for lunch from 1.00pm to 1.30pm)

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East Kent News Editor

June Allan

Please note the editor reserves the right to edit or omit submissions without referral. Articles and adverts may not always reflect the opinion of the East Kent Federation Board of Trustees or the Editor.

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A NOTE FROM THE EDITOR

I hope you are all enjoying the printed version of The East Kent News, however as this is your magazine your input is needed.

- Do you have an interesting hobby?
- Have you had a varied or unusual career?
- Do you have any quizzes, recipes or craft project other members might like to try?
- Read any good books recently that other members might enjoy?
- Do you have any photos for the front cover?



If you would like to submit any copy for The East Kent News please send it in either by post or email to federation.secretary@eastkentfedwi.org.uk

APPLYING FOR EVENTS

If you wish to attend one of the Federation events you can either apply for tickets yourself or do so through your own WI. We are trying to make it as easy as possible for members to purchase tickets for events so whatever works best for you is fine by us! Please remember that a stamped addressed envelope needs to be included for each event as tickets are sent out by different committees at different times. Any problems please contact the Federation Office.

DATES FOR YOUR DIARY

7th April 2022	Literary Lunch
11th April 2022	Resolution Meeting & Lunch
13th April 2022	Spring Garden Day
11th May 2022	Wisteria Walks
12th May 2022	Wisteria Walks (morning only)
15th May 2022	Auditions Day
17th May 2022	Walk and Talk at Samphire Hoe
11th June 2022	NFWI Annual Meeting in Liverpool
8th November 2022	Craft Day at Chartham (further details to follow)

Application forms are with all WI secretaries or are available from the Federation Office.

NEWS FROM THE FEDERATION OFFICE

COLLECTION OF EAST KENT NEWS

Bulk orders of the **April issue** of EK News will be ready for collection on **Tuesday 29th March 2022.**

WINNERS OF THE FEBRUARY 200+ CLUB DRAW

1st	£25.50	No 93	Christine Maxwell, Abbey WI
2nd	£15.30	No 127	Margaret Ovenden, Middlemarsh WI
3rd	£10.20	No 22	Rita Goode, Northwood WI

Due to a technical issue we had to re-draw the 3rd place number for the January draw. This was won by Jennifer Hobbs of Abbey WI. If you are interested in joining the 200+ club please contact Alison Baker at the Federation Office on assistant.secretary@eastkentfedwi.org.uk for an application form.



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NEWS FROM NFWI

You may have noticed recently that the National Federation of Women's Institutes have launched lots of competitions including **The Huxley Cup** and **Lady Denman Cup**. Full details can be obtained from MyWI or the Federation Office.



Some other events you may be interested in during the coming year are:

Me, Myself and WI – Monday 9th to Sunday 15th May 2022

The objective of Me, Myself and I is to encourage members to take time to look at their own mental health and physical wellbeing; making time to put themselves first and recognize ways in which they can make small adjustments to their daily life and to help improve their understanding of the importance of taking care of their mind and body.

The Queens Jubilee – Thursday 2nd to Sunday 5th June 2022

NFWI are delighted to confirm that the WI will be supporting the Queen's Jubilee celebrations with a range of activities for members and the community to get involved in including recipes, projects, and ideas to promote the WI during this exciting time. More information to follow

Where's Winnie? – launching March 2022

The Queen's Corgi's have escaped, act quick and get them all home before the Jubilee – and look out, there's a very special Corgi that needs to be found. Watch out for the March issue of **WI Life** with details of how you can get involved.

TREASURER'S CORNER

INSURANCE

Thank you to those WIs who have paid their insurance premium on time and will now be covered from the 1st March. This is important as in the event of an accident during your meeting the hall insurance should not be relied on and some hirers will ask to see if an organisation has its own cover. Risk assessments should be in place and if, for example, an outside light is not working do alert the hall authorities and give extra assistance when members are leaving.



This is my last contribution as Federation Treasurer. I hope the tips and reminders have been of interest and help, not just to WI Treasurers, but to all members who read East Kent News.

Federation Treasurer Dorothy Douse – dorothy.douse@googlemail.com or through the Office

NEWS FROM THE TRUSTEES

Have you noticed? Life is gradually, tentatively becoming more normal. We are beginning to feel more confident in attending meetings in person and relishing the feeling of warmth and belonging that being in the company of our WI friends at meetings can bring. The last two years have been challenging in many ways. Some WIs have found that their membership is depleted, others are flourishing with new members.

You may have read in WI Life details of The WI Recruitment Award. This is a scheme where all WIs have a chance to win £200 each subscription year. There are three categories:-

- WIs with 24 members or under
- WIs with 25-50 members
- WIs with 51 members and over

The WI from each category who has increased their membership by the highest percentage in comparison to the previous subscription year will win. There will be more information available on My WI. So begin thinking of innovative ways to encourage and retain new members!

After over four years as your Federation Chairman I will be standing down at the Annual Council Meeting. There have been good times and difficult times and times I will always remember! I have had kind words and support from so many of you and for that I sincerely thank you. However you will not have seen the last of me as I will still be a WI Advisor, a role that I will now be able to dedicate more time to. So - continue to be inspiring women, spread the word about our wonderful organisation and enjoy all the benefits of being a WI member!

Kind Regards

Gill Crone, Federation Chairman

MEMBERSHIP AND ADVISORY

THE WI WEBSITE IS FOR YOU ALL

It pays to advertise!

It's free to set up, and a WI website gets millions of views each year. By creating pages for your WI, you can open it up to potentially more visitors. It provides the ability to communicate with your members, letting them have a reminder of forthcoming events, and giving help, and advice for any questions.

- Training and supporting materials are provided by the NFWI and there's help at the end of the phone or email. All you have to do is simply call the Webmaster on 0207 371 9300 (Extn 207) or email j.douglas@nfwl.org.uk
- There is no limit on the number of pages- so you can include all the information you want to get across.
- Your page will have a professional appearance set to NFWI brand guidelines.
- You will be able to find out who is interacting with your pages, with statistics (such as page views, visitors etc.) without you having to do anything but calling the Webmaster for the details!

So, who can create a page on the NFWI website?

There are two roles that are responsible for uploading information to the main website and keeping it up to date:

- **WI Web Editors** are members who look after their WI's pages on the NFWI website. So, you will have a nominated member
- **Federation Web Editors** are representatives from federations who maintain their federation's pages on the NFWI website. (In our East Kent Federation, this action is taken by our own Secretaries.) They also help WI editors manage the content (words and pictures) on their pages, so again help is at hand.

Website Editor's Area:

Find instructional documents and videos regarding the Squiz Matrix CMS on the Website Editor's Area on training. This can be found by logging in to MyWI using your same log on details.

CRAFT & HOME ECONOMIC GUILD

ASHFORD CRAFT & HOME ECONOMICS GUILD - meetings are held at 2.00pm on the third Monday of the month at the Kennington WI Hall, 228 Faversham Road, Kennington TN24 9AN. The speaker at their March meeting is Tony Harris with "My Life as a Film Star". Contact their secretary, Pat Owen-Smith on 01223 630134 for further details.

DOVER CRAFT & HOME ECONOMICS GUILD - meetings are held at 2.00pm on the fourth Wednesday of the month at the Whitfield Village Hall, Sandwich Road, Whitfield, Dover CT16 3LY. The speaker at their March meeting is Brian Flood with "Trams in Dover". Contact their secretary, Mary Gardner on 01304 820866 for further details.

ENVIRONMENT & NATURAL HISTORY GROUP - Our Programme is nearly complete for the 2022 summer season. We visit Walmer Castle on 28th April, followed by a special introduction to Choughs, being reintroduced to Kent at Dover Castle on 18th May. In June two visits to Godinton House and Victory Wood at Dargate. Membership costs £4.00 for W.I. Members & friends may join us for £1.50 per visit if numbers allow. Full details from Janet Adamson 01303 893413 or janet.a.adamson@btinternet.com

PERFORMING ARTS, LEISURE & SPORT SUB-COMMITTEE

CURLING

Westwell WI was given several sets of stones for indoor curling - no ice required. These are available to borrow. Contact Carol Godden 07894 706971. She will also come as your speaker to show you how to play, for this she would ask for a donation.

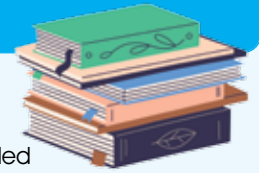
AN OCCASIONAL MORNING

Have you ever considered being on a sub-committee? The Performing Arts, Leisure and Sport (PALS) sub-committee would welcome you with open arms if you would donate one Thursday morning every other month, that's six meetings a year. We put on events for the whole of East Kent to enjoy so a few more hours would be needed to help at such an event. It is a great way to meet people and to be more involved in this wonderful organisation. If you can help us please contact me on 01227 463659

Mary Telford

Chairman of Performing Arts, Leisure & Sport Sub-Committee

BOOK RECOMMENDATIONS



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MRS ENGLAND BY STACEY HALLS

"Mrs. England" is Stacey Halls' third novel and certainly did not disappoint this reader! It is set deep in the industrial mill country of the north where the story of the secrets of the residents of Hardcastle House is revealed through the eyes of the family nanny. As relationships and superficial friendship begin to interweave the reader is immediately drawn into a world of deceit, guilt and closet secrets.

It is 1904; Ruby May has recently completed her training at the Norland Institute, the influential college for aspiring children's nurses. Employed by the amiable Mr. England, Ruby becomes embroiled in the mysteries hidden within the household, discovering all is not as it seems. The mistress, Mrs. England is distant and aloof, seemingly disinterested in her offspring and frequently locked in her rooms at night. As a portrait of an Edwardian marriage however, is Mrs. England really the downtrodden victim or a scheming and manipulative character?

The reader is soon to discover that there is no such thing as the perfect family, it becomes clear that Ruby May too has skeletons in her own cupboards. Her family's secrets are exposed, and stories from the past laid bare, perhaps Ruby's judgments are being clouded by her own past? Thus, this simmering pot-boiling, gothic novel full of red herrings, twists and turns begins to unfold.

As with her previous two novels Stacey Halls has pulled off another delectable, historical fiction, full of atmosphere and the complicated lives of the social classes. The plot is believable and characters are convincing, the pace is steady and setting beautifully described. The menacing crags of the moorland location and the noise of the weaving looms add to the sense of intimidation and suspense of the plot line. In all this is an ideal page-turner of a read for a cold winter's day!

Barbara Turner of Woodchurch WI

COMPETITION NEWS – APOLOGY!

PHOTOGRAPHIC COMPETITION

Unfortunately the wrong winner was congratulated in last month's East Kent News. Heather Westby of Upchurch WI took the winning photo for the 2021 competition. **The winning entry for the 2022 competition was taken by Jacqueline Thomas of Smeeth WI.**

Sincere apologies to Jacqueline, I will try to remember which year I am in for the rest of 2022!

June Allan, Editor



DOVER WI



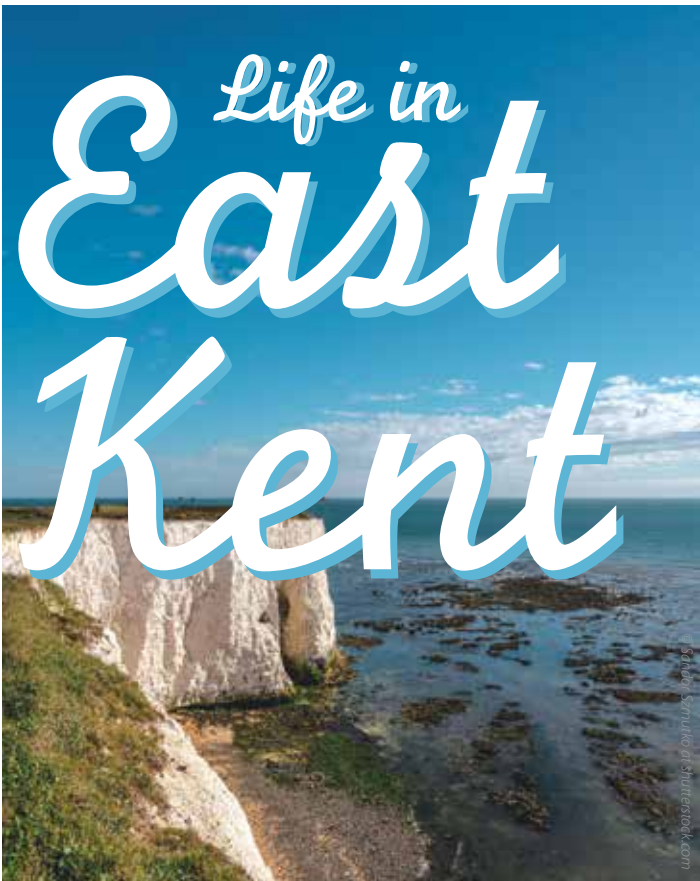
Dover WI will be celebrating its 40th anniversary in March. Preparations are well under way for this exciting occasion. But what was happening 40 years ago when our first meeting was held? It was the year 1982. There was the Greenham Common protest by 20,000 women against US cruise missiles and Argentina had invaded the Falklands.

In the 1980's WI's up and down the land were wanting to pass various resolutions i.e. keeping village schools open, maintaining our national varieties of fruit, vegetables and farm crops, and the dangers to marine life from over exploitation and pollution; urging that the effect of these should be more closely monitored and controlled internationally. One member of the WI in 1982 was asked what the WI meant to her. She said "I loved the sense of belonging and being involved". This is what WI members are saying in 2022 - The WI is a vibrant organisation that can rise to any challenge, and another, I am very proud of the way everyone has supported and helped one another during the pandemic. I heard someone say the other day that it had been a life line for one of our members.

We hope Dover WI will be around for another 40 years and that we have inspired the future generations to carry on.

By the way, I have been enjoying "Bows of Burning Gold" which can be purchased on line from the WI website and excerpts were taken for the above article.

Sue Howell
President of Dover WI



If you have a photo from your meeting or outing you would like to see here please email it to June Allan at federation.secretary@eastkentfedwi.org.uk We will try to include as many as possible in the next available issue but any photos we don't have space for will be used in a feature on Facebook. It's always nice to see what everybody else is getting up to!

Don't forget to check with those members in the photo that you have their permission to send the photo in. Listing the names of the members is optional but don't forget to include the name of your WI!



Belfringe WI celebrated their 38th birthday with cake, games and of course a good old natter.



Minister in Sheppey WI's "Three Stooges!" President Kath Tuck, Secretary Joy Green and Treasurer Alison Parr enjoying Christmas party games.



Northwood WI celebrated their first meeting at their new venue with a bingo evening.



Seasalter Cross WI made green hearts and decorated slate hearts at their social evening to celebrate Climate Coalition's "Show the Love" campaign.

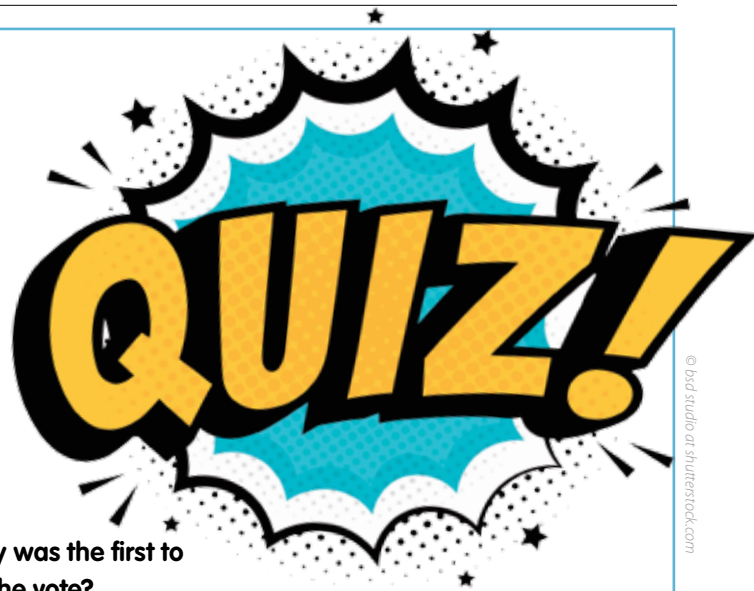


Middlemarsh WI's craft group had a lovely time showing off their talents before heading out for lunch!



President of Woodchurch WI, Lynn Hall welcomed the Deputy Mayor of Ashford, Jenny Webb to their January meeting.

Just For Fun General Knowledge



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Answers to follow in next month's issue!
If you have any quizzes you think other members
may like please send them to the Federation Office
by post or email.

1. How many players are there in a netball team?
2. Who was the Greek goddess of war and wisdom?
3. Who had hits in the 1960s with "Mustang Sally" and "In the Midnight Hour"?
4. What is Japanese horseradish also called?
5. Which British artist was noted for his paintings of swimming pools?
6. What is actor David Tennant's real surname?
7. What were the first names of the two "Princes in the Tower"?
8. Which country was the first to give women the vote?
9. In Cockney rhyming slang, what phrase is used to refer to a suit?
10. What is the capital of Liechtenstein?
11. According to legend who rode naked through the streets of Coventry?
12. Retired swimmer Ian Thorpe had what nickname when he was competing?
13. On which show did Susan Boyle find fame?
14. The Formula 1 street circuit of Albert Park is in which country?
15. Which flower is associated with the month of March?
16. What is a female swan called?
17. A hairstreak is what type of creature?
18. Which famous co-stars married in 1964 and again in 1975?
19. In the House of Lords, what colour are the seats?
20. Who was the British Prime Minister from 1974 to 1976?

Answers from February 2022's The East Kent News

General Knowledge!

- | | | | |
|--------------------|------------------|----------------------------------|---------------------|
| 1. Hyde Park | 6. Sesame seeds | 11. Rigid-hulled inflatable boat | 16. Three |
| 2. Jerome K Jerome | 7. Legend | 12. Roger Moore | 17. North Sea |
| 3. Dame | 8. New Romantics | 13. Istanbul | 18. Southend on Sea |
| 4. Smurfs | 9. Bunty | 14. Italy | 19. Glass |
| 5. Twitter | 10. Rubella | 15. Guitar | 20. Full of grace |

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MEMBERSHIP & ADVISORY
Chairman: Gill Crone



What do you know about the Resolutions?

Why not come along to this year's Resolutions Discussion & Lunch

Monday 11th April 2022 at 10.00 am
Chartham Village Hall, Chartham, Canterbury CT4 7HZ

£8.00 per person including ploughmans lunch
This event is open to all members and not just those who have agreed to be Delegates at the NFWI Annual Meeting in June 2022.

If you wish to attend please complete the booking form and send it to the Federation Office by Friday 25th March 2022.



RESOLUTION MEETING



Name

Name of WI:

No of tickets: **Amount Enclosed:**

Please indicate if you are a Delegate at the NFWI Meeting in June: Yes / No

Any dietary requirements?

.....



EAST KENT FEDERATION OF WOMEN'S INSTITUTES
Crown House, John Roberts Business Park,
Pea Hill, Whitstable, Kent CT5 3BJ
Tel: 01227 464106 email: federation.secretary@eastkentfedwi.org.uk



EKFWI COOKERY, GARDEN & SCIENCE SUB-COMMITTEE

WISTERIA WALK

Wednesday 11th May 2022

**Join Chris Lane for a tour of his National Collection of Wisteria
The Granary, Cranbrook Farm, Calloway Lane, Newington, Sittingbourne ME9 7LU.**



**Morning tour
10.00am to 12.00pm**

**Afternoon tour
2.00pm to 4.00pm**

Tickets - £7.50



**EXTRA TOUR ADDED!
Morning tour on Thursday 12th May from 10.0am to 12.00pm**

Tours are limited to 25 people and tickets will be allocated on a first come, first served basis.
Tea/coffee and cake will be served after the tour and is included in the price of the ticket.
Please complete the form below and send with your cheque for £7.50 payable to EKFWI to the Federation Office,
Crown House, John Roberts Business Park, Pea Hill, Whitstable, CT5 3BJ.

Please include a stamped, addressed envelope for the ticket.



**Please complete this slip and bring it with your entry to:
The Channel Suite, Leas Cliff Hall, The Leas, Folkestone.**



WISTERIA WALK
Wednesday 11th May 2022 &
Thursday 12th May 2022



Name

Name of WI:

I should like a ticket for the Morning/Afternoon tour (please circle which tour you wish to attend).

Contact number:

Email:

COOKERY CORNER

ORIENTAL SALMON WITH CHILLI NOODLES

(serves 4, can be halved)

Salmon

- 30ml dark soy sauce
- 15ml sunflower oil
- 2 tsp peeled and finely grated root ginger
- 1 large clove garlic, crushed
- 2 large pinches Chinese five spice powder
- 1 tsp sugar
- 4 skinned salmon fillets

Chilli Noodles

- 150g rice noodles
- 6 salad onions, trimmed and shredded
- 1-2 green chillies, deseeded and finely chopped (*to taste*)
- 1 packet coriander, finely chopped, save a couple of sprigs for garnish
- 1 tbsp sesame seeds, toasted.

Method

1. Make marinade - mix soy sauce, oil, ginger, garlic, five spice powder and sugar.
2. Coat salmon with marinade and set aside



© Anna Shevtsova at Shutterstock.com

3. Pour boiling water over the noodles, soak 5 mins then drain and rinse in several changes of cold water. Drain thoroughly in a colander.
4. Heat a large non stick frying pan, lift salmon from marinade and cook for 5 minutes on each side until dark brown. Remove from pan and keep warm.
5. Add the noodles to the pan with the remaining soy marinade and toss well.
6. Stir in salad onions, chillies, coriander and sesame seeds.
7. Mix well, toss in pan until piping hot, serve with the salmon.

If you have any recipes you think other members would like please send them to June Allan at federation.secretary@eastkentfedwi.org.uk

THE JOAN BOUCHER COMPETITION

The winning entry in this year's Joan Boucher Competition was written by Joan Clemens of Stanford with Postling WI. The theme for this competition was Dressing Up! and her winning story is printed below:

IT'S UP IN THE LOFT

It all started a long time ago. Ron, an old friend, called round ... 'Bob, Joan, could you make a camel costume for our pantomime, All Baba?' My husband and I could never resist a challenge, so we agreed. 'Oh yes, and one other thing,' Ron continued. 'It needs to have a Beetle haircut.' One thing led to another and before we knew it, we were turning out pantomime animals and costumes every year. Only one problem, they had to be stored somewhere. When we moved to our present address, we boarded our loft and stowed them in there. My grandson called round before a school event. 'Nan, Grandad, I've got to be Carmen Miranda in a school play. Have you got anything?' 'I expect there's something up in the loft,' I replied. There was. I met the local vicar in the village store. 'Ah, Joan, I'm playing Dame in our church panto. Can you help me out?' 'I expect there's something up in the loft,' I said. There was. Our village fete was a grand affair in which everyone in the village could participate. There was Gypsy Rose Lee, the fortune teller (the landlady of the local pub); Queen Victoria (the president of the WI); Florence Nightingale (the postmistress); George Formby (our window cleaner), and Houdini, the escape artist (our local police officer who came with his very own handcuffs). We'd spent weeks going up into the loft. From Easter bunnies to deliver the eggs for the treasure hunt, and witches at Halloween, to Father Christmas at, well, Christmas. What was needed was usually found, up in the loft. It was the time of year for our local Venetian Fete. The youngsters in our village were keen to 'do' something, but what? They met at our house to discuss a theme. Les Misérables was popular on the London stage. The twenty or so teenagers decided on the barricade scene from this show. What a great idea. We could arrange lighting, sound effects, music and one or two explosions to impress the judges. But what about all those costumes ... They were NOT up in the loft! I made them. All of them, hats and all. And a flag (And we won!) And now, if anybody needs them, they're up in the loft.



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WALK and TALK AT SAMPHIRE HOE DOVER CT17 9FL (follow signs off of A20)

Join us for a walk at the beautiful setting of Samphire Hoe
A 30 hectare nature reserve managed by White Cliffs Countryside Partnership.

There will be a 40 minute talk by the warden about the reserve highlighting the flora & fauna that can be found on the walk

The circular walk is 2km long and whole walk is wheelchair accessible
Car Park is £1 for two hours or £2 all day. Free parking for those with Disabled Badge
There is a kiosk for light refreshments and good clean toilets at the venue

 **Dogs welcome** – please ensure they are kept on a lead at all times 
Fun competition on the day for best decorated dog collar and / or lead

Tuesday 17th May 2022 at 10:30

£3 PER PERSON

Please fill in the form below and send to the
East Kent Federation Office with your payments by **19th April 2022**
For further information please contact:

Performing Arts, Leisure and Sport Sub-Committee
Contact: Clare Boggia
Telephone: 07912038891
Email: boughtongreys@gmail.com



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SAMPHIRE HOE WALK AND TALK

Name

Name of WI:

Address:

Contact number:

Email:

Tickets will only be sent out if no email address given. If no email please enclose a SAE

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15 Burghley Rise, Burwell, Cambridge, CB25 0RS, United Kingdom

burghleyinteriors@gmail.com

Wright Aromas

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